

Life Healthcare Rehabilitation Facility Video Script

Welcome to Life Riverfield Lodge, a trusted provider of acute physical rehabilitation services.

As we move through our facility, you'll see advanced rehabilitation equipment designed to support a safe and effective recovery process. Our spacious therapy rooms are equipped with the latest technology to assist with personalised treatment plans.

During your stay, you will take part in a variety of therapies, which may include physiotherapy, occupational therapy, and speech and language therapy. Our therapists work with you to restore mobility, functional ability, and independence.

Our interdisciplinary team is experienced and equipped to support you every step of the way. The team, comprising doctors, nurses and therapists, will collaborate with you to create and monitor your individualised treatment plan.

Whether you're recovering from a stroke, injury, or surgical procedure, we'll provide you with the care and support required to improve your strength, movement, and daily functioning. Your therapist will mobilise you safely, from assisting you to get out of bed, to walking, and working on specific exercises to improve your strength and mobility, all with the support of specialised equipment, including a ceiling-mounted hoist system.

Our nursing team provides 24-hour care, monitoring your progress and adjusting your treatment plan as you improve. Your doctor oversees your medical care, to ensure you're receiving the most effective interventions throughout your stay.

We understand that rehabilitation is not just about the patient, but also about the family. Because of this, we encourage family members to be involved in the care process. Our social worker will meet with you and your family on admission to understand your goals and support needs, and to discuss any concerns you may have.

This will be followed by a meeting with your rehabilitation team. These meetings are an opportunity for you and your family to ask questions and to get involved in your care plan. Throughout your stay, our social worker will facilitate family communication as needed to help everyone stay informed and feel confident in the plan ahead.

If required, our social worker will arrange for your at-home carer to be trained to ensure you continue receiving specialist support after you return home. Our rehabilitation gymnasiums are purpose-built for restoring mobility and independence. Occupational therapists help you regain the skills needed for daily living, from hand function and dexterity, to cognitive abilities that support problem-solving, planning, and independence.

Speech and language therapists assist with communication, expression, and comprehension, and they assess and treat swallowing difficulties to ensure patients can eat and drink safely. Good nutrition plays a critical role in recovery. Our dietitians create personalised meal plans, provide supplements where needed, and educate patients on managing their nutritional needs beyond their stay. We don't just support your recovery, we celebrate it. From your first day to your final milestone, our team is with you every step of the way.

Life Healthcare Mental Health Facility Video Script

Welcome to Life Riverfield Lodge, a trusted provider of comprehensive mental health services. We provide structured, compassionate care for individuals facing conditions such as anxiety, depression and more complex challenges. We provide structured compassionate care for individuals facing conditions such as anxiety, depression and more complex challenges. A multidisciplinary team works together to deliver evidence-based treatment in a safe, supportive environment.

Therapists work with you to identify goals and build coping strategies through approaches such as cognitive behavioural therapy and mindfulness-based stress reduction. We believe in creating a supportive and compassionate environment to help our patients grow and heal. Each patient's therapy experience is unique, addressing their specific needs and goals with care and sensitivity.

We aim to create a therapeutic space where you feel heard, understood, and supported. Group therapy allows patients to share experiences, learn from others, and practise new skills in a guided setting. Sessions may focus on stress management, coping skills, and relationship dynamics. Participants develop a sense of community and understanding through sharing stories and discussion. Each session is designed to encourage open dialogue and empathy, empowering individuals to take meaningful steps towards healing.

Group therapy can be a transformative experience, helping each patient find their voice and gain new perspectives on their journey to wellness. Our psychiatrists work with patients to develop personalised medication plans, ensuring each patient receives safe, effective treatment. You'll also receive clear guidance on the benefits and potential side effects of your medication.

Family support is an important part of mental health recovery. Our therapists work with patients and their families to develop healthy communication skills, address relationship issues, and provide education on mental health conditions.

Our admission process is designed to be smooth and stress-free, allowing you to focus on your recovery. Upon arrival, our friendly team will welcome you. Our experienced nurses will guide you through our admission process, explaining your rights and responsibilities, and answering any questions you may have.

Medication is managed by our clinical team and dispensed through our on-site pharmacy, ensuring quick access and clear guidance throughout your stay. Every patient's journey is unique, and our goal is to provide a safe and supportive environment where you can focus on healing and moving forward. We take a holistic approach to patient care, incorporating activities that promote relaxation, stress reduction, and overall wellbeing. Patients may participate in activities such as yoga, art therapy, and mindfulness sessions to support emotional wellbeing and stress reduction.

Together, we help you regain independence, reconnect with what matters, and create the foundation for a stronger, healthier future.